



**JNAN VIKAS MANDAL'S
Mohanlal Raichand Mehta College of
Commerce Diwali Maa Degree College of
Science**

**Amritlal Raichand Mehta Degree College of Arts
Padmashree (Dr.) R.T. Doshi Degree College of Computer**

Science

Plot no.9, Sector -19, Airoli Navi Mumbai

Name of the activity-"HAPPINESS - A KEY TO SUCCESS"

Members involved:-

Dr. Leena Sarkar- Principal

Asst.Prof. Yogita Sawant Convener (Counselling Cell)

Organizing

Committee

- 1. Asst.Prof. Sharayu Kadam (Member-Counselling Cell)**
- 2. Asst.Prof. Archana Sanap (Member- Counselling Cell)**





JNAN VIKAS MANDAL'S
Mohanlal Raichand Mehta College of
Diwali Maa Degree College of Science
Amritlal Raichand Mehta Degree College of Arts
Padmashree (Dr.) R.T. Doshi Degree College of Computer Science
Plot no.9, Sector -19, Airoli, Navi Mumbai

Notice of The Meeting

Date: 10th July, 2023

All the Counselling Cell members are hereby informed that the meeting will be conducted with Principal Mam in Principal Cabin on 10th July, 2023 at 10:30 AM.

Agenda of the meeting will be as follows:-

- Finalizing Seminar
- Topic of Seminar
- Duration
- Platform
- Distribution of Work

Dr. Leena Sarkar

Principal





JNAN VIKAS MANDAL'S

Mohanlal Raichand Mehta College of Commerce
Diwali Maa Degree College of Science
Amritlal Raichand Mehta Degree College of Arts
Padmashree (Dr.) R.T. Doshi Degree College of Computer Science
Plot no.9, Sector -19, Airoli, Navi Mumbai

3. Minutes of the Meeting :-

For planning the seminar on "Happiness-A key to success" a meeting was held with Principal Madam on 10th July, 2023 at 10:30 AM. The meeting was presided by Principal Dr. Leena Sarkar and attended by Asst prof. Yogita Sawant, Asst. Prof. Sharayu Kadam, Asst. Prof. Archana Sanap.

In the meeting following points were discussed and decisions were taken:

Finalizing Seminar: It is was discussed among the member that the seminar on "Happiness-A key to success" shall be organized on 13th July, 2023.

Topic of Seminar: During the meeting topic "Happiness-A key to success" was finalized for the workshop.

Duration: It was decided that the duration of the seminar will be for one hour i.e 10.00 am to 11.00 am.

Platform : The Workshop was decided to be taken in auditorium.

Distribution of Work : The distribution of work was done. It was decided that Asst. Prof. Yogita Sawant would be Convenor for the event.



As there was no matter to discuss further, meeting ended with vote of thanks by the chair person.

Name:

Dr. Leena Sarkar – Principal

Leena

Asst Prof. Yogita Sawant – Coordinator, Counselling Cell

Yogita

Asst. Prof. Sharayu Kadam - Member, Counselling Cell

Sharayu

Asst. Prof. Archana Sanap - Member, Counselling Cell

Archana

Work Distribution:

- Creation of Counselling Cell Email ID – Sharayu Kadam
- Script of Speech preparing – Yogita Sawant
- Creation of Feedback link- Sharayu Kadam
- FDP Report Preparing – Archana Sanap



- Flyer prepared

JNAN VIKAS MANDAL'S DEGREE COLLEGE

NAAC Re-accredited - "A" Grade (CGPA 3.33)
Plot No.9, Airoli, Navi Mumbai

Counselling Cell is Organizing a Seminar on
"HAPPINESS - A KEY TO SUCCESS"



SPEAKER- LEENA KOTIAN
Happiness Coach

DATE : 13th JULY , 2023
VENUE : AUDITORIUM
TIME : 10:00 am

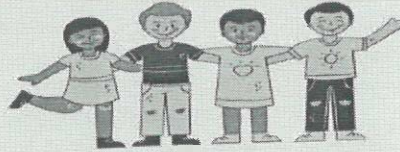
Asst. Prof. Yogita Sawant
(Convenor)

Asst. Prof. Sharayu Kadam
(Co-Convenor)

Asst. Prof. Archana Sanap
(Co-Convenor)

Dr. B. R. Deshpande
(Vice Principal)

Dr. Mrs. Leena Sarkar
(Principal)



8. Feedback form –

<https://forms.gle/c6fyMmpapT3Xm5J56>

The screenshot shows a Google Forms interface. At the top, the browser address bar displays the URL: <https://docs.google.com/forms/d/1i0m6EYDqWaSoySKi5kaUW8FClekpKPHj6UQg2ZA/3/edit>. The form title is "Attendance and Feedback Form for Seminar on 'HAPPINESS - A KEY TO SUCCESS'". Below the title, it says "Date- 13-01-2023. Greetings from JVM's Degree College. Hope you have enjoyed the session. Kindly fill up this feedback form so that we can organize more such events in the future." There are two input fields: "Email *" with a "Valid email" error message and "Name of the Participant *" with a "Short answer text" label. The form is part of "Section 1 of 2". The bottom of the screenshot shows a Windows taskbar with various application icons and a system tray displaying "27°C Cloudy" and the date "3/20/2023".

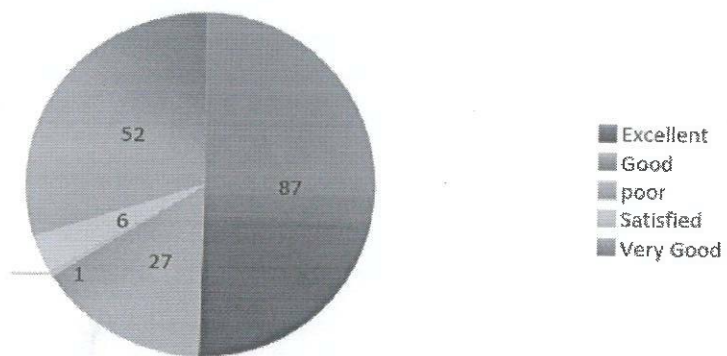


Feedback Analysis -

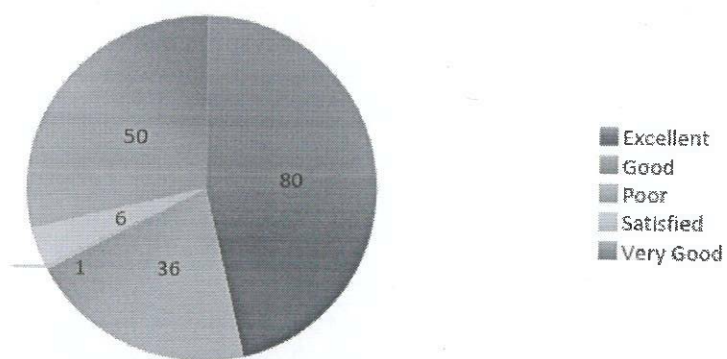
Activity Name: "HAPPINESS – A KEY TO SUCCESS"

FEEDBACK ANALYSIS

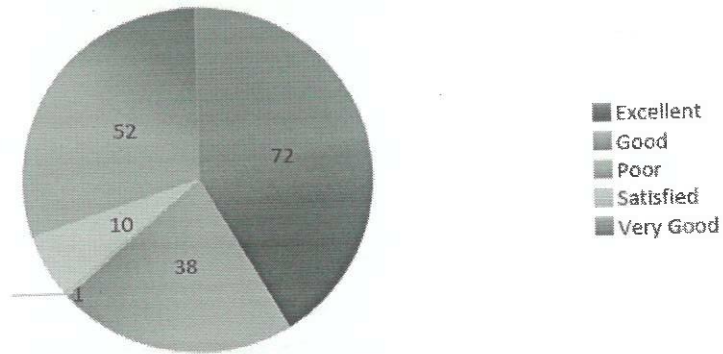
How would you like to rate the topic of the session?



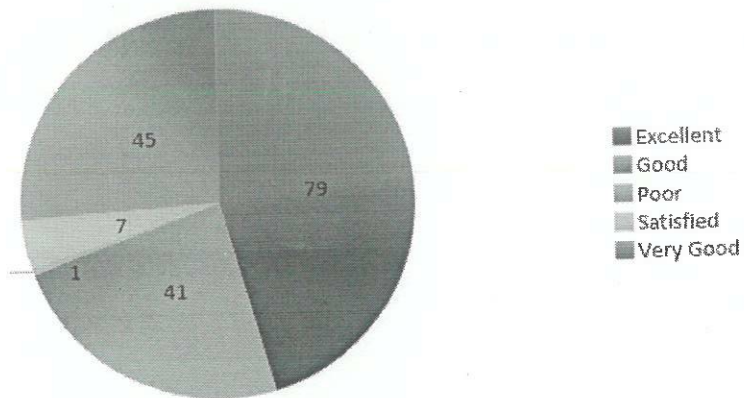
How were the contents covered in the session?



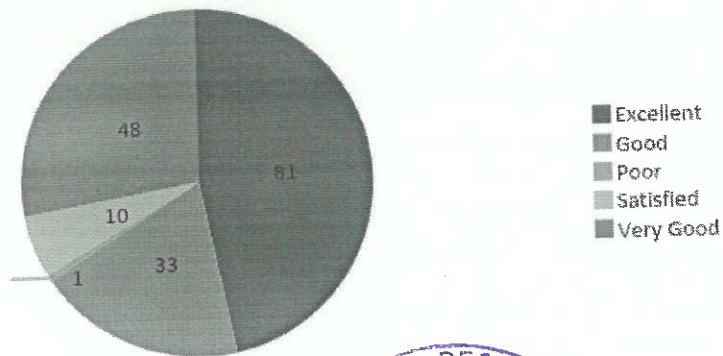
How was the content delivery by the speaker Ruchi Sabharwal ?



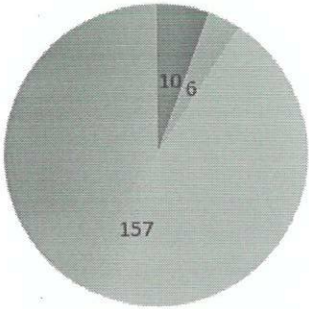
How well was the session organized?



How was your overall experience about today's session ?



Would you like to get notified about the events organized by JVM'S Degree College?



■ Maybe
■ No
■ Yes



7. List of Participants -

JNAN VIKAS MANDAL'S				
DEGREE COLLEGE OF ARTS, SCIENCE & COMMERCE				
AIROLI, NAVI MUMBAI				
Counselling Cell				
Activity Name : "Happiness - A key to success"				
Date : -13-07-2023 Total No. of Participants : 173				
Sr.No	Name of the Participant	Class	Contact Number	Email ID
1	Akanksha videvan yelnure	S.Y.BAF	8108766530	akankshayelnure@gmail.com
2	Aryan Mahendra Mokashi	TYCS	9167591777	aryanmokashi28@gmail.com
3	Monika Balappa Mongalana	S.Y.BAF	8850706420	monikamogalana@gmail.com
4	HARSH PRAMOD PATIL	T.Y.BMS	7506968355	iamharsh178@gmail.com
5	Akash Yadav	S.Y.Bcom	9324848847	akashyad1132@gmail.com
6	Vaishali ankush mandavkar	S.Y.BAF	8591512293	mandavkarvaishali04@gmail.com
7	Samir	SYIT	7798925372	samirdhanawade20@gmail.com
8	Rohit chavan	S.Y.BMS	9870269549	chavanrohit2004@gmail.com
9	Ayush	SYIT	8369672620	jaiswalaj474@gmail.com
10	Abhay ingle	T.Y.Bcom	8928430898	abhayinge739@gmail.com
11	Ankit Singh	T.Y.BMS	9321777094	94ankitthakur@gmail.com
12	rohan mhatre	S.Y.Bcom	7208364865	rohanmhatre002@gmail.com
13	Amit Choudhary	S.Y.Bcom	8433602762	amit.k.choudhary0001@gmail.com
14	Ankit	S.Y.Bcom	9321688223	ankitchauhan68430@gmail.com
15	Dhanshree pravin desai	S.Y.BAF	7039908806	dhanshreedesai22@gmail.com
16	Sakshi Subhash Dalvi	S.Y.BAF	9082250771	Sakshidalvi1104@gmail.com
17	Sujal singh	T.Y.BMS	9769348220	sujalsingh271203@gmail.com
18	Pratik Lahane	SYIT	9920894638	pratiklahane29@gmail.com
19	Viresh Narwekar	T.Y.BMS	9920511897	viresh1433@gmail.com
20	Sejal Vilas More	S.Y.BMS	9321990362	sejalmore587@gmail.com
21	VINAYAK GUPTA	S.Y.BAF	9702915263	vinayakgupta2409@gmail.com
22	Sakshi Gandhe	S.Y.BMS	8591804142	sakshiigandhe22@gmail.com
23	Akshata Yashwantrao	S.Y.BAF	8591085270	akshatayashwantrao@gmail.com
24	Vaishnavi Vijay Chorge	S.Y.BAF	7822997789	vaishuchorge278@gmail.com
25	Tanuja Vilas Chavan	S.Y.BMS	8104733614	chavantanuja48@gmail.com
26	Sneha Shinde	SYCS	9867594929	snehashinde20045@gmail.com
27	Anjali boudh	SYCS	9372871880	boudhanjali59@gmail.com
28	Chaitali Laxman Chaudhary	S.Y.BMS	8591548083	chaitalichaudhary190@gmail.com
29	AJAY D KALTANIYA	T.Y.BMS	7043616523	ajaykaltaniya007@gmail.com



30	Jesal Bhataiya	T.Y.BMS	8779290731	jesalbhataiya14@gmail.com
31	Yes	S.Y.BMS	8591818958	prachikasurde22@gmail.com
32	Akanksha patil	S.Y.BAF	7039378287	akankshpatil3625@gmail.com
33	Samruddhi Prashant Pawar	S.Y.BMS	8169876328	samupawar11oct@gmail.com
34	Yashavsi Ghag	S.Y.BMS	9769525289	yashasvighag04@gmail.com
35	Vaishnavi Tiwari	SYCS	7208503329	vaishunagendratiwari26@gmail.com
36	Riya Supekar	T.Y.BMS	9099042463	supekariya@gmail.com
37	Kavita prajapati	S.Y.Bcom	7045643468	prajapatikavita096@gmail.com
38	Diksha bhagwat	S.Y.BAF	8010365438	diksha.bhagwat2003@gmail.com
39	Ranjane Vaishnavi Satish	S.Y.BAF	8788164299	ranjanevaishnavi12@gmail.com
40	Shivani muni	S.Y.Bcom	9987814273	shivanimuni388@gmail.com
41	Shubhangi vishwakarma	S.Y.Bcom	7304124619	shubhangivishwakarma84@gmail.com
42	Atharv Gaikwad	S.Y.Bcom	7742436443	gatharv1970@gmail.com
43	Janvi	S.Y.BMS	9136501859	janvisalunke90@gmail.com
44	Sakshi Bodake	S.Y.BMS	85919 08079	sakshibodake16@gmail.com
45	Shruti nalage	S.Y.Bcom	9130744712	shrutinalage2003@gmail.com
46	Rohit shinde	S.Y.Bcom	7045534032	luckyshinde1333@gmail.com
47	Sakshi shivkumar Rajbhar	S.Y.Bcom	9321889474	shivkumarrajbar73@gmail.com
48	Vaishnavi Magadam	SYCS	9987339523	vaishmagadam@gmail.com
49	Shreya	SYCS	7710869887	shreyabodke252@gmail.com
50	Priyanka gurnani	SYCS	7018565440	priyankagurnani09@gmail.com
51	Vanshika Chaudhary	SYCS	7678629498	vc615421@gmail.com
52	Chandani Prajapati	S.Y.Bcom	7080446144	chandaniprajapati12345@gmail.com
53	Vishal Patil	T.Y.BMS	919867055176	vishalpatil212.vp@gmail.com
54	Akshay Jha	S.Y.BMS	9372246708	akshayjha.1020@gmail.com
55	Sayesta Faizur Shaikh	S.Y.Bcom	7770063535	sayestashaikh12@gmail.com
56	Khushboo varma	S.Y.Bcom	8795164174	khushboovarva78@gmail.com
57	Mohit jaiswar	S.Y.Bcom	9702098176	jaiswarmohit.a00@gmail.com
58	Laxmi badrinarayan prajapati	S.Y.Bcom	8652286036	laxmiprajapati7440@gmail.com
59	Pratik taktode	S.Y.Bcom	9930087460	taktodepratik.2003@gmail.com
60	Videshika Gautam Nikalje	SYIT	8591179750	nikaljevideshika@gmail.com
61	Nikhil Suresh Jadhav	T.Y.BMS	8591596087	nickjadhav64@gmail.com
62	Vishnu Vinod Kadam	S.Y.Bcom	8433547257	vishnukadamf.fire1996@gmail.com
63	Harsh sawant	T.Y.BMS	9272365999	hhharshsawant10746@gmail.com
64	Shweta more	S.Y.Bcom	8652624981	shwetamore4629@gmail.com
65	Shubham mourya	S.Y.Bcom	9004484795	saimmourya14@gmail.com
66	Sakshi Shriram kadam	S.Y.BMS	9324314172	sakshikadam064@gmail.com
67	Diksha Pandit	S.Y.Bcom	7977911567	dikshapandit384@gmail.com
68	Aditi baliram Sawant	S.Y.Bcom	8422004446	sawantbaliram529@gmail.com
69	DHANASHREE DHANAJI PATIL	S.Y.Bcom	9321883412	patilkarina59@gmail.com
70	Smruti panda	S.Y.Bcom	9769030274	smrutipanda089@gmail.com
71	Smita Gavit	TYCS	8291220740	smitagavit012@gmail.com
72	Prachi mahagavkar	S.Y.Bcom	9082672996	prachimahagavkar@gmail.com



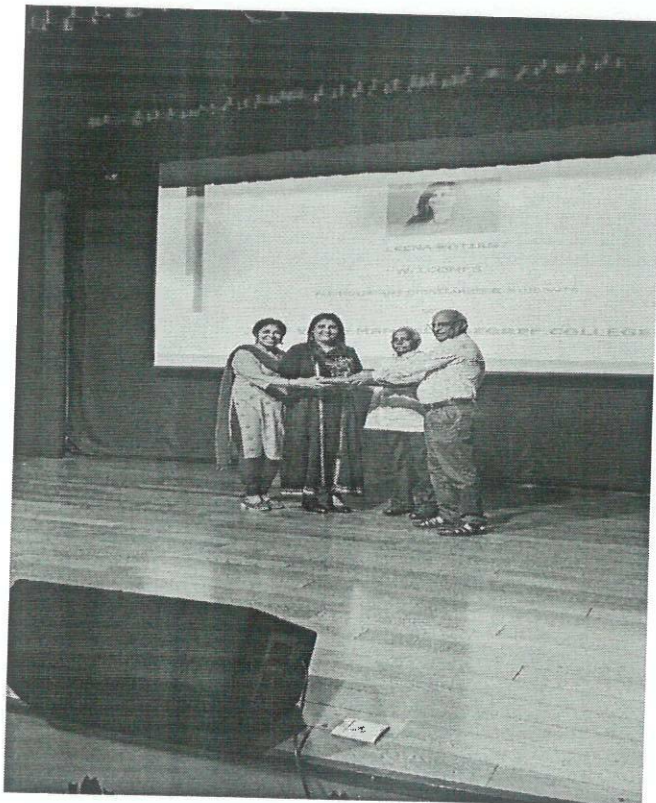
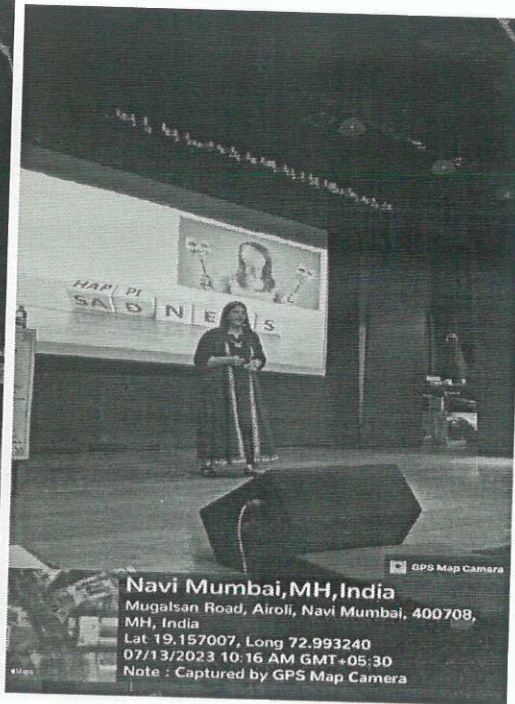
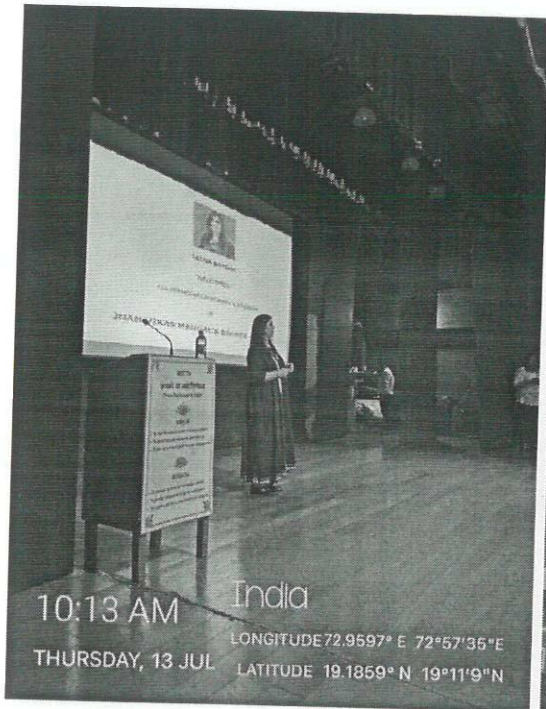
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74	Rohini Suresh Surve	S.Y.Bcom	8097013036	rohinishurve16@gmail.com
75	PATIL PRADNYA BHARAT	T.Y.BMS	8291214924	giyapatil1809@gmail.com
76	Suraj prajapati	T.Y.Bcom	7718975752	prajapatipuraj64204@gmail.com
77	Anushka	TYCS	9769724807	chavananushka08@gmail.com
78	Riddhi bhatiya	T.Y.BMS	8879092520	riddhibhatiya3031@gmail.com
79	Swapnali Fulpagar	T.Y.BMS	8591064007	Swapnalifulpagar1@gmail.com
80	Shaikh arshiya	S.Y.Bcom	7021093790	arshiya7823@gmail.com
81	Mahima rathod	T.Y.Bcom	9220223996	mahimarathod669@gmil.com
82	Siddhi patil	S.Y.Bcom	9136376607	siddhipatil3366@gmail.com
83	Aditya Jayram Koyande	T.Y.Bcom	9833521545	adityakoyande03@gmail.com
84	Ankita Prakash Paygude	T.Y.Bcom	9076042004	ankitapaygude65@gmail.com
85	Maisa khalid shaikh	T.Y.BMS	9987159728	maisashaikh11@gmail.com
86	Siddiki najiya azad	S.Y.Bcom	8454851653	najiyasiddiqui50@gmail.com
87	Neha santosh lokhande	SYIT	7719855545	lokhanden657@gmail.com
88	ANJALI MANDAL	T.Y.BMS	9987995227	sonumandal4547@gmail.com
89	Sanika sanjay patil	T.Y.BMS	7506138996	patilsanika127@gmail.com
90	Shivani Pandey	TYCS	8591146254	shivani2791pandey@gmail.com
91	Anamika	TYCS	7506829180	rajbharanamika512@gmail.com
92	Sanjana Gavas	T.Y.BMS	9324012287	gavassanjana2@gmail.com
93	Khushi krishnat yadav	T.Y.Bcom	9004544267	khuaz123456789@gmail.com
94	Siddhant Parulekar	T.Y.Bcom	8451990733	siddhantparulekar5@gmail.com
95	Khushi Laxman Kadam	T.Y.BMS	9137609105	kadamkhushi157@gmail.com
96	Shilpa Gupta	T.Y.Bcom	9653657635	laxmangupta1223@gmail.com
97	Archita Pandey	SYCS	7977034969	architapandey262004@gmail.com
98	Madavi	TYBSc	9324595087	madhavikanse@gmail.com
99	SEMU KANOJIYA	S.Y.BMS	7738766686	semukanojiya@gmail.com
100	KHUSHBOO CHAURASIYA	T.Y.BMS	8104927304	khushboochaurasiya504@gmail.com
101	Aarti Paswan	T.Y.BMS	9757141444	aartipaswan2003@gmail.com
102	Mayuri shashikant patil	S.Y.Bcom	9321573336	mayurisheshikant23@gmail.com
103	Lavanya Awle	S.Y.BMS	9773008188	lavanyaawle@gmail.com
104	ATHARVI NARVEKAR	S.Y.BMS	8454001758	atharvishinde2004@gmail.com
105	Vaidehi kondurkar	S.Y.BMS	9137975674	vaidehikondurkar@gmail.com
106	Sakshi Nair	T.Y.BMS	8928637503	msakshi2418@gmail.com
107	Nandini sunil kathole	S.Y.BMS	9594501693	katholenandini@gmail.com
108	Tanuja Dnyaneshwar Shinde	T.Y.Bcom	9372634633	shindetanuja797@gmail.com
109	Kshamata yadav	SYCS	9920743186	kshamtayadav85@gmail.com
110	Shravani Raut	T.Y.BMS	9324029589	rshravani171@gmail.com
111	Tulshi Singh	T.Y.BMS	9769159246	singhtulshi8@gmail.com
112	Soni Yadav	SYCS	7715050483	soniy3079@gmail.com
113	Rushita Pandit Udamle	SYBSc	9702530891	rushitaudmale@gmail.com
114	Priya Naikar	T.Y.BAF	8850039354	naikarr642@gmail.com
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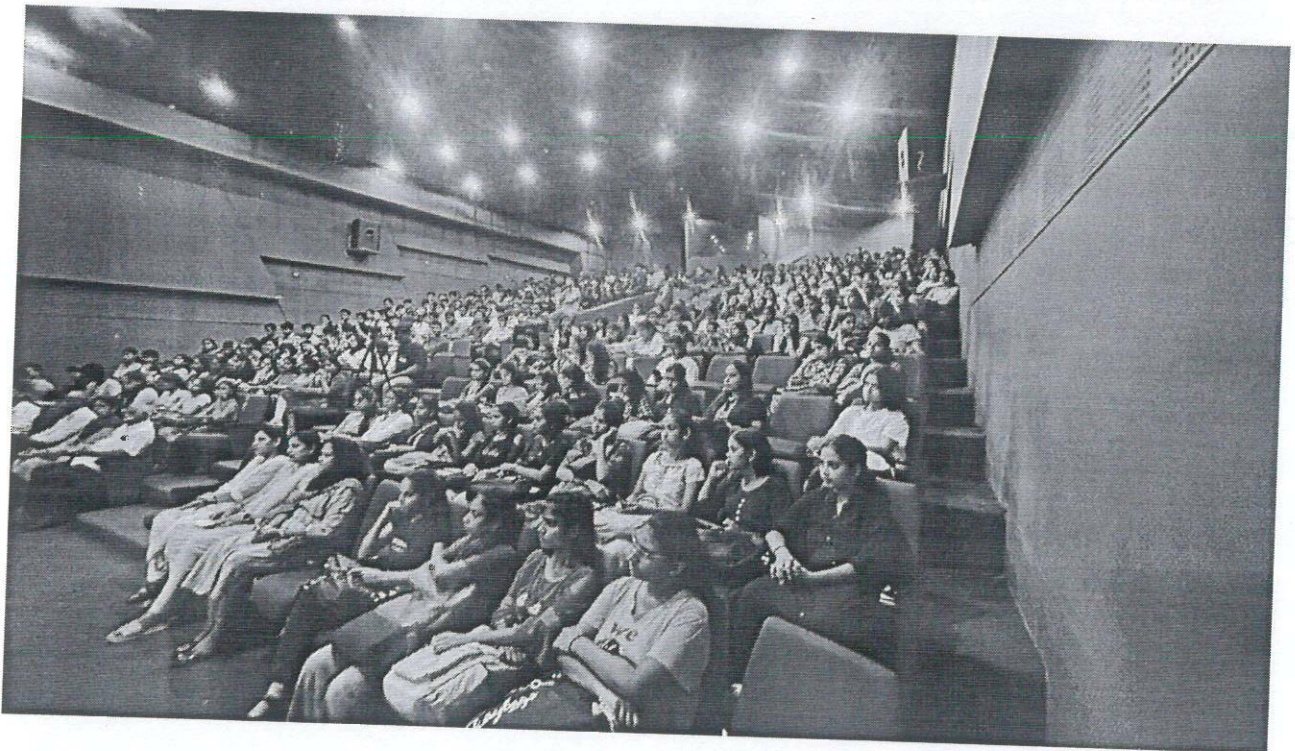
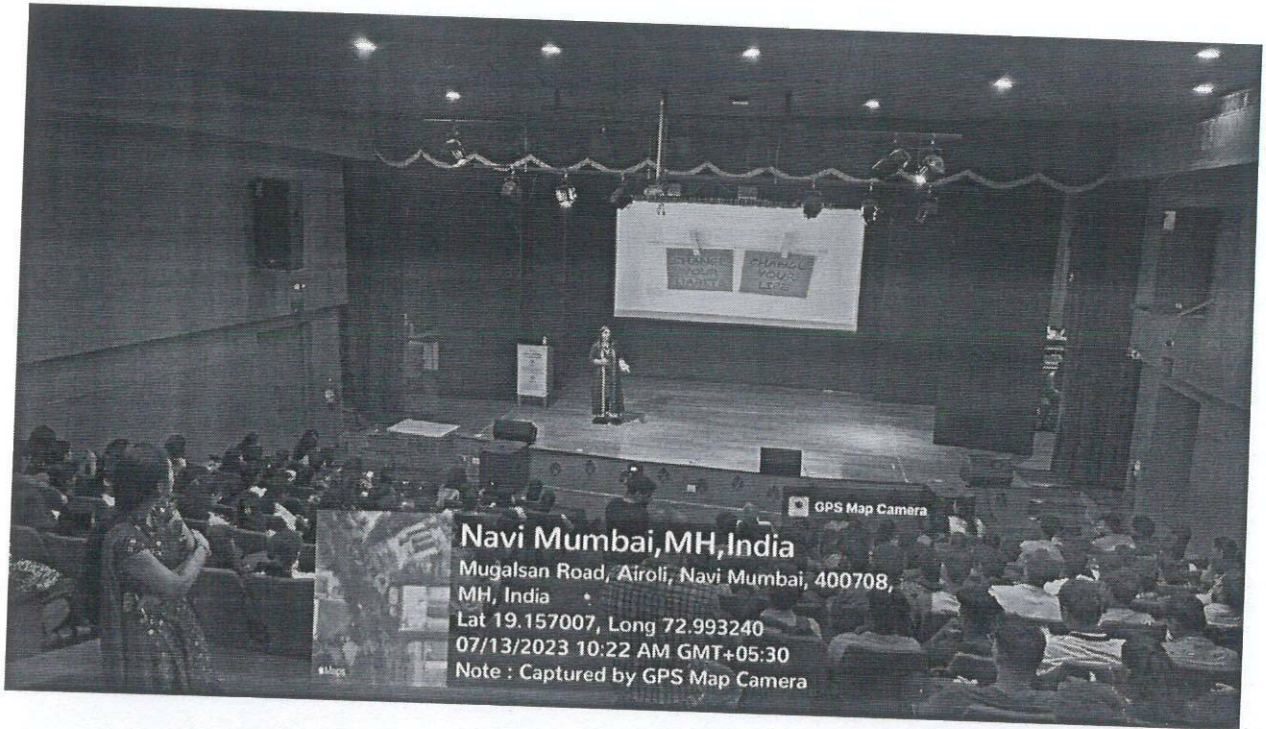


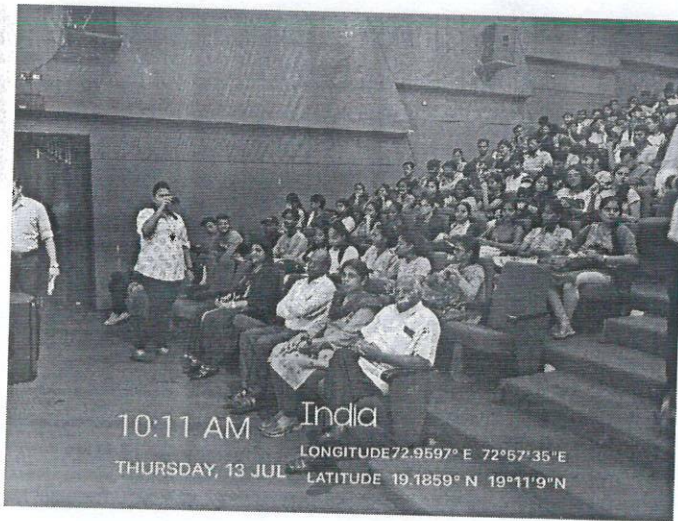
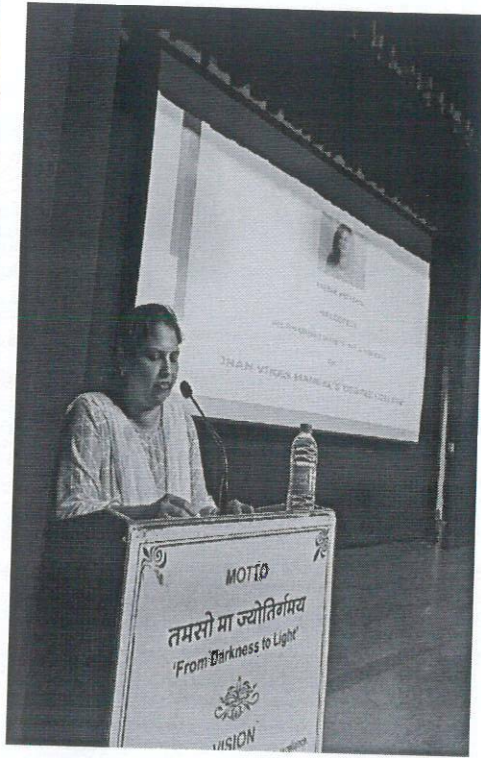
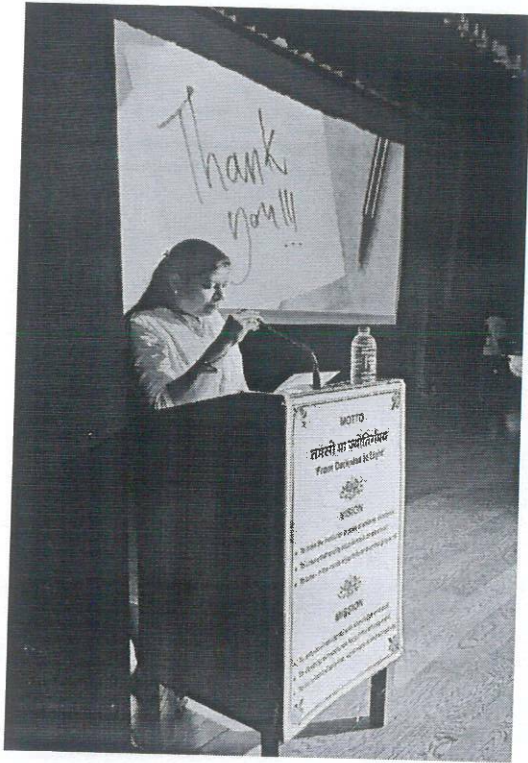
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117	Pooja	T.Y.BMS	7208879214	vishwakarmapooja994@gmail.com
118	Shinde Shruti Vijay	S.Y.Bcom	9152739073	shrutii05vs@gmail.com
119	Roshni prajapati	TYBSc	8097309874	prajapatiroshni395@gmail.com
120	Apeksha Dnyaneahwar Indore	TYBSc	7420901535	apekshaindore2602@gmail.com
121	Adarsh Tiwari	S.Y.Bcom	7317566551	adarshitiwari0528225@gmail.com
122	Sneha Ramesh Vishwakarma	T.Y.Bcom	9004825767	sneha04vkarma@gmail.com
123	Shruti shedge	T.Y.BMS	8779263628	shrutishedge17@gmail.com
124	Manasa Peddinti	S.Y.BMS	7738812403	manasapeddinti0@gmail.com
125	Priyanka Rajpurohit	S.Y.BMS	7715905414	komalpurohit112@gmail.com
126	Nikhil gupta	S.Y.Bcom	9967433759	ng424894@gmail.com
127	Aarti gupta	SYCS	9137356255	aartigupta5289@gmail.com
128	Namrata vishwakarma	S.Y.Bcom	9987795528	namratavish03@gmail.com
129	Komal sirvi	T.Y.BMS	9029285570	komalsirvi6@gmail.com
130	Pranali Deshmukh	SYCS	8591502268	dpranali755@gmail.com
131	Madage Shruti shashikant	S.Y.BMS	8433767443	madageshruti@gmail.com
132	vikash vishwakarma	S.Y.Bcom	9167256679	vikasvishwakarma143431@gmail.com
133	Rushabh Sandeep Bhosle	S.Y.BMS	9967033708	bhosle.rushabh82@gmail.com
134	Sneha Suresh Kamble	SYCS	9321885669	snehakamble194@gmail.com
135	Nikita Nagnath Lagade.	TYBSc	9136305063	nikitalagade61@gmail.com
136	Riya Vishwakarma	SYBSc	9819165515	riyav5142@gmail.com
137	SNEHA SUJIT DESHMUKH	SYCS	7506452320	sd1338063@gmail.com
138	Mohini Das	S.Y.BMS	9892371668	dmohini535@gmail.com
139	Tarun singh	S.Y.Bcom	8591701640	tarunsingh333666@gmail.com
140	Suman rajbhar	S.Y.Bcom	7045021719	rajbharsuman634@gmail.com
141	Mitali udaya vaidya	S.Y.BMS	7506204204	mitalivaidya03@gmail.com
142	Vinita Santosh Kumar Vishwakarma	SYCS	9324877810	vinitav197@gmail.com
143	Saish kulkarni	SYIT	7304624561	saishkulkarni2692@gmail.com
144	BHAWANA JETHARAM CHOUHDARY	S.Y.BMS	9987142798	bhawanachoudhary297@gmail.com
145	Manisha Rakesh yadav	SYBSc	7666444764	manisharyadav2@gmail.com
146	Vivek Charan	S.Y.BMS	91367 44884	vivekcharan870@gmail.com
147	Kamlesh Talesha	T.Y.BMS	8356959907	kamleshtalesha28@gmail.com
148	Mansi bhanushali	T.Y.BMS	7715081546	mansibhanushali2003@gmail.com
149	Ashutosh Yende	T.Y.BMS	8691923401	ashutoshyende007@gmail.com
150	Jaswant Patel	TYCS	9619669199	jaswant.patel.xo@gmail.com
151	Yash Vimlesh Patange	S.Y.Bcom	8850498831	patangeyash72@gmail.com
152	Patil Tanmay prabhakar	T.Y.BMS	9321663905	patiltanmay1970@gmail.com
153	Diksha Sunil Jain	T.Y.Bcom	7977568900	dikshasjain13@gmail.com
154	Bhagade prajyot Mohan	S.Y.Bcom	7820847535	prajotbhagade0@gmail.com



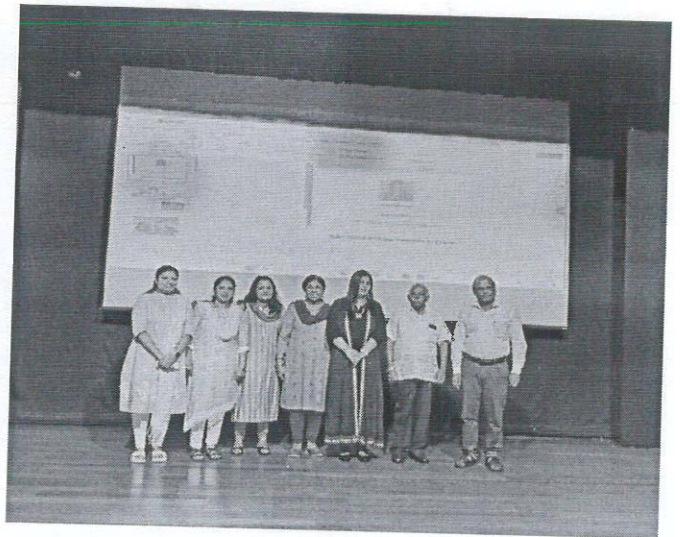
Photos of Event:







10:11 AM India
LONGITUDE 72.9597° E 72°57'35" E
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JNAN VIKAS MANDAL'S
Mohanlal Raichand Mehta College of Commerce
Diwali Maa Degree College of Science
Amritlal Raichand Mehta Degree College of Arts
Padmashree (Dr.) R.T. Doshi Degree College of Computer Science
Plot no.9, Sector -19, Airoli Navi Mumbai

8. Report –

Report on Seminar on “Happines- A key of success”

Seminar on “Happiness- A key of success” was organized by Counselling Cell on behalf of Jnan Vikas Mandal's Degree College 13th July, 2023 under the guidance of Principal Dr.Leena Sarkar.

The seminar was organized to help people understand the value of happiness in life and how this happiness can help create relaxation and maintain their peace especially in today's busy and exhausting life. The speaker on day of seminar was Mrs. Leena Kotian who is the founder of Happiness Coach.

Leena Kotian mam explained few amazing and excellent happiness techniques which helped all the participants to relax and calm their mind. She even explained the participants how to handle their daily struggles.

Participation for webinar was open to all and we received 173 responses from participants.

The feedback was also collected from the participants for the webinar and it was found that the participants really loved the session as they got the mantra of stress-free life to lead a happy, peaceful and stress-free life.

Organizing Committee

1) Asst.Prof.Yogita Sawant (Convenor)

2) Asst.Prof. Sharayu Kadam



3) Asst.Prof.Archana Sanap.

Report Prepared by

Report Prepared by - Asst.Prof.Archana Sanap

Archana

Report Checked by- Asst.Prof.Yogita Sawant- Convenor

Yogita

Report Approved by- Dr.Leena Sarkar- Principal

Leena

